

Metrolina Paralegal Association

Spring Seminar Schedule

When: April 4, 2025

Where: Bank of America Tower at Legacy Union located at 620 South Tryon Street, Charlotte, NC 28202 on the 3rd Floor in the Spark Conference Center

Cost: \$125 for members and \$225 for non-members

Keynote speaker: Molly Grantham



7:30 A	<i>Registration – Continental Breakfast</i>	
8:00 A	<i>Welcome & Opening Remarks</i>	
8:15 A	<u>Session 1:</u> Recovery and Wellness Courts: Who do they serve and how do they benefit society?	David Curcio, Esq. Mecklenburg County Public Defender's Office
9:15 A	<u>Session 2:</u> Estate Planning and Administrative Basics	Sarah Sugg, Esq. Conrad, Trosch, & Kemmy, P.A.
10:15 A	<i>Morning Break-Visit Patron Tables</i>	
10:30 A	<u>Session 3:</u> Best Practices in Identification, Preservation and Collection of Client Data for Discovery	Heather Munday, Esq. Discovery Counsel Parker Poe Adams and Bernstein LLP
11:30 A - 12:45 P	<i>Break for Lunch*</i>	
12:45 P	<i>Break- Lunch-Visit Patron Tables</i>	
1:00 P	<i>Patron Presentations</i>	
1:15 P	<u>Session 4:</u> Bet on Yourself – How to Navigate Job Change	Molly Grantham Journalist, Speaker and Author
2:15 P	<u>Session 5:</u> Who's Afraid of the Big Bad Wolf? Using Artificial Intelligence to your Advantage	Lori Keeton, Esq. The Law Offices of Lori Keeton

3:15 P	<i>Break – Afternoon Refreshments</i>	
3:30 P	Session 6: Exploring Paralegal Ethics in the Context of Artificial Intelligence and Modern Legal Practices	Judge Ashley Austin Edwards United States Bankruptcy Court
4:30 P	<i>Closing Remarks</i>	

Parking Information:

Seven20 Garage at Legacy Union

Seven20@lazparking.com or LAZ parking office (704) 376-8103

- The street address is 720 S. Church Street, Charlotte, NC 28202. There are three entry and exit lanes on S. Church Street.
- The Seven20 Garage at Legacy Union is attached to the Bank of America Tower via a pedestrian sky bridge. The pedestrian sky bridge is located on level P5 of the parking garage.
- There are four (4) designated ChargePoint Electric Vehicle stations located on parking levels P3, P5, P6 and P7.
- There are three (3) designated smoking areas located on P2, P6 and P9.
- The parking office is located on level P3, next to the S. Church Street entrance lanes. The parking office is open Monday through Friday from 8:00am – 5:00pm.

Cost for parking: After 8:00 am \$30.00 for a full day
Before 8:00 am \$16.00 for the early bird special

Check in at the Security Desk on the 2nd floor of Legacy Union.

***Lunch is on your own this year.** Here is just a small list of nearby restaurants. There are plenty of options!

Night Swim, 620 S. Tryon St., Suite 150, Charlotte, NC
 Salata 601 S. Tryon St., #131, Charlotte, NC 28202 www.salata.com
 Dos Caminos, 601 S. Tryon St., #135, Charlotte, NC www.doscaminos.com
 JINYA Ramen Bar, 601 S. Tryon St, #132, Charlotte, NC www.jinyaramenbar.com
 Brown Bag Seafood Co., 601 S. Tryon St, Charlotte, NC www.brownbagseafood.com
 Hasaki Grill & Sushi, 440 S. Church St, Charlotte, NC www.hasakigrill.com
 Starbucks, 135 Levine Ave of the Arts **AND** 601 S. Tryon St., Charlotte, NC
 There are also food trucks in the lot next to our parking deck.